

# AMEICO

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## Protect their eyes with See Concept Screen Junior Blue-Light blockers

Many of the devices we use every day, including smartphones, tablets, computers, and TVs, emit large amounts of 'Blue Light' - high-energy visible light with wavelengths of 415-445 nanometers. Studies found that exposure to 'Blue Light' suppresses the body's melatonin levels, resulting in a disruption of our circadian rhythms – our natural sleep cycles. In addition to the obvious benefits of getting a good night's sleep, melatonin also plays a role in slowing the progression of cancer and other diseases. Furthermore, recent studies have also implicated that 'Blue Light' increases macular degeneration – irreversible, age-related retinal damage.

The lenses of the glasses in See Concept's new Screen Junior collection, designed for ages 5-10, have a special coating which blocks 40% of the visible light in the 400-460 nanometer wavelengths, reducing eye strain and fatigue. You will be happy to know that their eyes are protected, and they will be happy to look so stylish!